

## HEALTH AND WELLBEING BOARD

24<sup>th</sup> July 2019

	<b>Report for Action</b>
<b>Title:</b>	Sexual Health Themed Report
<b>Lead Board Member(s):</b>	Alison Challenger
<b>Author and contact details for further information:</b>	Uzmah Bhatti, Public Health Insight Manager
<b>Brief summary:</b>	This report provides the board with an update on the Nottingham City Council mandatory duty to provide sexual health services.

### **Recommendation to the Health and Wellbeing Board:**

The Health and Wellbeing Board is asked to:

- Conduct a sexual health commissioning review to ascertain if and where there are any gaps between local need and provision.
- Aim to protect the sexual health budget from further cuts.
- Health and Wellbeing Board to consider guidance in the [House of Commons Health and Social Care Committee report on Sexual Health](#) and identify long term opportunities around integrating commissioning of services mentioned in Figure 9.
- Support the RSE agenda mandatory roll-out and continue to work together to overcome challenges and resistance by addressing local people's concerns.
- Support recommendations from the Teenage pregnancy JSNA chapter upon completion later this year.

### **Contribution to Joint Health and Wellbeing Strategy:**

<b>Health and Wellbeing Strategy aims and outcomes</b>	<b>Summary of contribution to the Strategy</b>
Aim: To increase healthy life expectancy in Nottingham and make us one of the healthiest big cities	Reducing the prevalence of poor sexual health outcomes and improving the sexual health in the city's population is vital to achieve the Health and Wellbeing Board's ambition to improve healthy life expectancy and reduce health inequalities.  Sexual health promotion and education empowers children, adults and vulnerable people with the knowledge and skills to have safe relationships and protect themselves from harm, exploitation and unwanted pregnancy.  Open access to a choice of contraception
Aim: To reduce inequalities in health by targeting the neighbourhoods with the lowest levels of healthy life expectancy	
Outcome 1: Children and adults in Nottingham adopt and maintain healthy lifestyles	
Outcome 2: Children and adults in Nottingham will have positive mental wellbeing and those with long-term mental health problems will have good physical health	
Outcome 3: There will be a healthy culture in Nottingham in which citizens are supported	

and empowered to live healthy lives and manage ill health well	and early abortion services prevents unplanned pregnancy and late abortions which can have a detrimental impact on women and their families.
Outcome 4: Nottingham's environment will be sustainable – supporting and enabling its citizens to have good health and wellbeing	Timely and effectively targeted STI and HIV testing reduces the risk of years of life lived with ill health and increases life expectancy.

<p><b>How mental health and wellbeing is being championed in line with the Board's aspiration to give equal value to mental and physical health</b></p>
<p>Vulnerable people with poor mental health may not be able to exercise choice in relationships thus being more at risk of STIs and unplanned pregnancies and repeat abortions as well as reinfections. Targeted outreach and health promotion work with such groups aims to enable healthy and safe intimate relationships.</p> <p>Psycho sexual counselling is provided for people whose mental wellbeing may have been affected by their sexual lifestyles.</p>

<p><b>Background papers:</b>  <i>Documents which disclose important facts or matters on which the decision has been based and have been relied on to a material extent in preparing the decision. This does not include any published works e.g. previous Board reports or any exempt documents.</i></p>	
--	--